

Who Needs Snow to Ski? Rollerskiers Don't



Are you looking for a new challenge? Come and join us at UCLan Arena.

Qualified instruction and kit hire available from MCCSC
www.mccsc.org.uk

Roller skiing :-

- will challenge your endurance
- improve overall fitness
- accessible to all ages and levels of fitness
- preparation for on snow skiing
- could lead to representing your country at Biathlon or Cross Country Skiing

